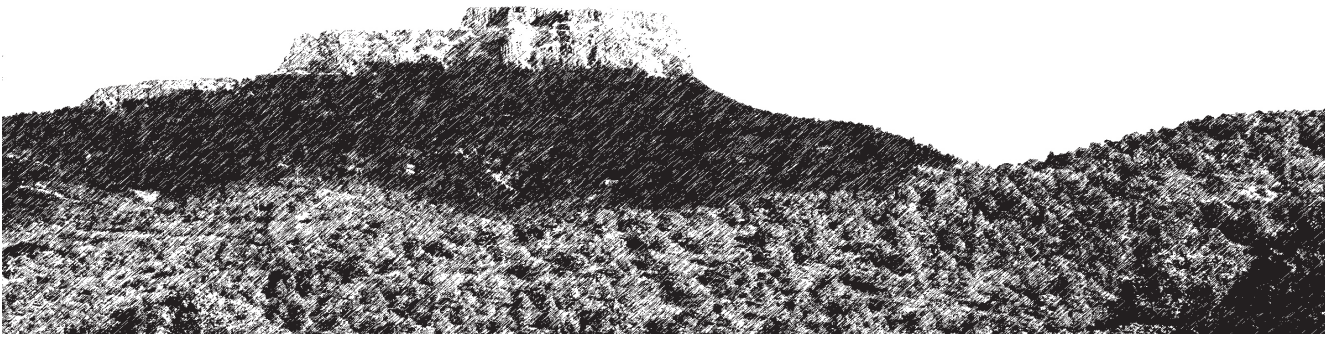


OVER THE PASS



CONNECTIONS

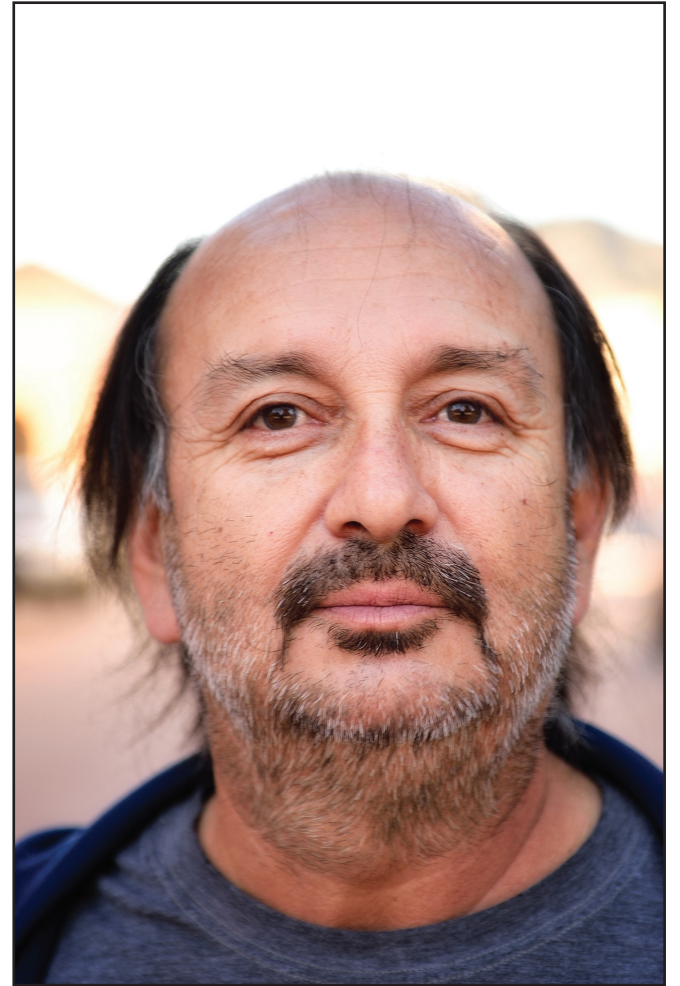
“What do you do for exercise?”

By **Tim Keller**
Correspondent
The Chronicle-News

Photos by **Tim Keller / The Chronicle-News**

“We walk every day, sometimes twice a day, usually three miles each time—Animas to Main to Linden and back home by the high school. We’ve been walking since May. It’s healthy and a good way to pass time.”

— Stephanie Abeyta, stay-at-home mom and home-school teacher, Trinidad



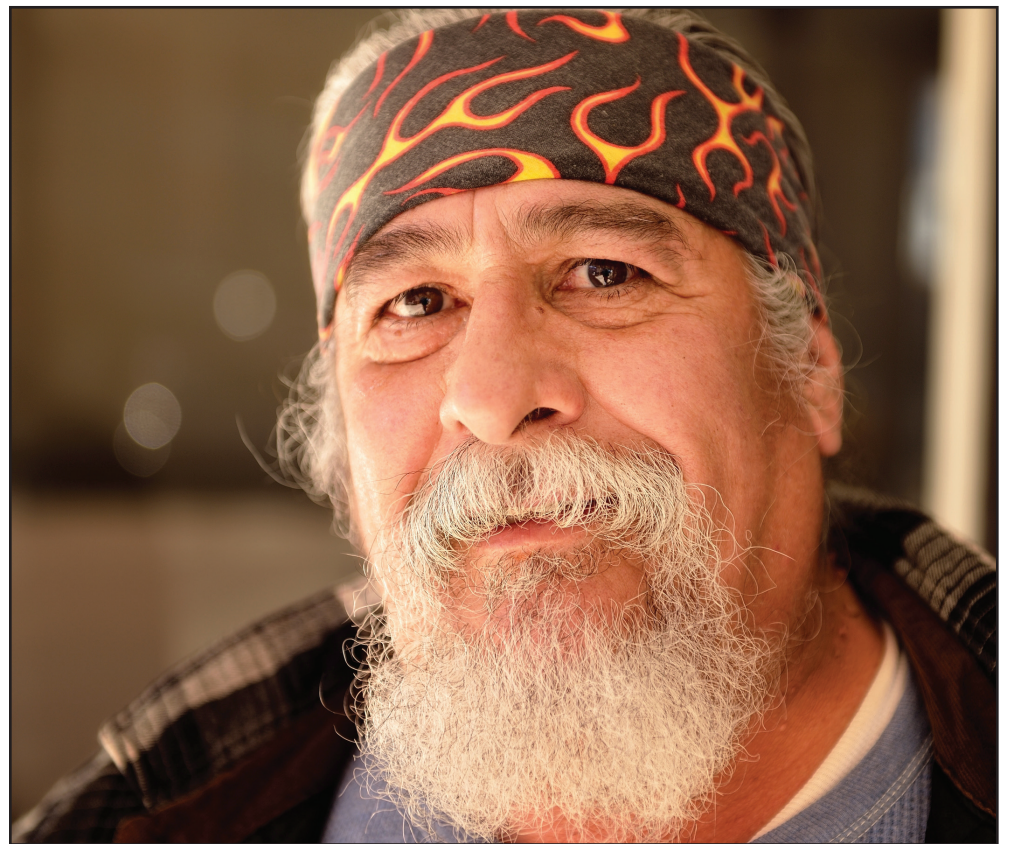
“We walk two or three miles every day depending on the weather, and we dance every Friday night at the La Junta Senior Center. Sam Bachicha comes and plays. We’ve been going every week for about six months.”

— Leonard Tafoya, retired educator, La Junta



“We hike the Rocky Mountains, of course! We go up to Cuchara a lot to hike the west peak or Blue Lake. We hike seven or eight miles about twice a month. I’ve been hiking since I met my husband 36 years ago.”

— Diane LaRosa, software programmer, Weston



“I walk and, as you can see, I need it. Walking through town and along the river bottom is peaceful and quiet. Over by the soccer fields I have some trouble with dogs, even though their owners are there, but otherwise it’s peaceful walking in Trinidad. I live on the north side and walk about two miles every day.”

— Ray Maldonado, construction worker, Trinidad



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