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# MONDAY

**Arthritis Exercise** Free Arthritis Exercise Class every Mon & Wed @ 9 a.m. @ Corazon Square & 1 p.m. @ Early Learning Center. Info call: 845-1133 ext. 224.

# **Raton Playgroup**

Free indoor fun & snacks (Mommies & kids ages 0-5 years) meets 10 a.m. -12 p.m. every Monday @ Colfax County Health Council, 123 N. 2nd Street, Suite #5. Call Ida Cruz @ 575-445-3077 for more information.

# Meet & Greet

Second of two meetings for finalists for City Manager position 12 p.m. @ TSJC's Leone Room. Sponsored by - the public is encouraged to the city attend.

### Planning Commission

LA County meets 1 p.m. Mon in Room #210, 200 East First Street, County Courthouse, Trinidad.

#### TUESDAY **Continuum of Care**

Continuum of Care meets 8-9 a.m. 1st Tues. @ the Soup Kitchen, 308 Church St. For more info call Karrie Apple at 719-846-6665 or Tom Power (Colorado Coalition for the Homeless in Denver) @ 303-285-5221.

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# Las Animas Co.

Board of County Commissioner's meets 9 a.m. 1st & 3rd Tues. @ LA County Courthouse, Room #201, 200 E. First Street.

# Pastor's Study

Meets 9 a.m. every Tues @ Zion's Lutheran Fellowship Hall. All Pastors welcome, call 846-7785 for more information.

# **Area Home Schoolers**

Raton & Trinidad - ioin us for a weekly playgroup at Round-up Park (Trinidad Fairgrounds) 10:30 a.m. every Tues. This group is for local home schooling families to get to know each other. For more info call 719-422-4563 or e-mail: harthomeschool@yahoo.com.

# Kiwanis

Weekly luncheon 12 p.m. every Tues @ A Little Catering Company, 916

# **City Council**

Regular session meets 7 p.m. 1st & 3rd Tues in Council Chambers @ City Hall, Third Floor, 135 N. Animas in

# PEO – DE Chapter

Meets 7 p.m. Tues @ the Presbyterian Church Hall, 801 San Pedro



# Photo by Richard Sitts

Local cancer survivors led the first lap around Central Park Friday night to help kick off the 2010 Relay For Life in Trinidad. Holding the banner, from left, are Rudy Montoya, Frances Gallegos, Gerri Lucero and Bill Barrett.

# Community leaders learn more about Mt. Carmel

# Fort Carson to host open house at Piñon Canyon Maneuver Site

Special to The Chronicle-News

Fort Carson officials have invited residents of southern Colorado to an open house event 11 a.m.-3 p.m., Aug. 5 at Piñon Canyon Maneuver Site.

Col. John Kolasheski, commander, 2nd Brigade Combat Team, 4th Infantry Division, and Col. Robert McLaughlin, Fort Carson garrison commander, will host the open house event.

The open house will showcase current training at PCMS and include tactical vehicle displays presented by 2nd BCT Soldiers.

Those wishing to attend are requested to wear comfortable closed toed shoes or boots.

Please R.S.V.P by Aug. 2 to the Fort Carson Community Relations Office by calling Billie Garner, (719) 526-1246 or Lori Waters, (719) 526-1256 or by e-mailing Billie.garner@us.army.mil or Lori.waters@us.army.mil. Please include your name and contact information.

For information, contact the Fort Carson Public Affairs Office at (719) 526-4143/7525. After hours, please contact the 24-hour Fort Carson Operations Center at 526-5500 and ask for the On-Call Public Affairs Officer.

# Local business wins award for environmental practices

Special to the Chronicle-News

Hometown Pharmacy and Medical is the recipient of the first Green Star Award by Mobile Record Shredders for having a positive impact on the environment through "Green Practices".

The award represents their

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Today: A 40 percent chance of showers and thunderstorms, mainly after 2pm. Mostly cloudy, with a high near 90. Calm wind becoming south between 5 and 10 mph

Tonight: A 40 percent chance of showers and thunderstorms, mainly before 2am. Mostly cloudy, with a low around 59. South wind 5 to 10 mph becoming north northwest

Tuesday: A 40 percent chance of showers and thunderstorms after noon. Mostly cloudy, with a high near 87. Calm wind becoming south between 5 and 10 mph

Tuesday Night: A 40 percent chance of showers and thunderstorms, mainly before midnight. Mostly cloudy, with a low around 57. South southwest wind between 5 and 10 mph becoming

# River Call

Purgatoire River Call as of 7-30-10 Luis Torres Ditch priority #55, 4-1-1887 Trinidad Lake Accounting Release 241.60 AF Inflow 168.62 AF Evaporation 15.02 AF Content 20045 AF Elevation 6180.21 Precipitation 0 Downstream Call: Highland Canal 4-1-1884 (Provided by Division of Water Resources)



# Wellness Center project and the goals, aspirations

### By MIKE GARRETT The Chronicle-News

Trinidad community leaders got a much clearer picture of what the city will be getting in the proposed Mt. Carmel Health Wellness and Community Center from its supporters at a July 29 afternoon meeting in the TSJC Sullivan Center.

The two daughters and wife of Trinidad native and Phil Long Family of Dealerships General Manager Jay Cimino, Vice President and Operations Officer Konnie Martin and Dr. Ricardo Velasquez from the San Luis Valley-based Valley-Wide Health Systems and project architect Bruce Barr of Colorado Springsbased Art. C. Klein Construction Co., all took turns outlining project details and answering questions from an audience of 30-40 community, health care and gov-**Continued on page 2** 



Photo by Mike Garrett

Speakers offering their public support for the Mt. Carmel Health Wellness and Community Center public meeting last Thursday (I to r) were project architect Bruce Barr, Jay Cimino's two daughters, Laurie Yoswa and Gina Stefanec, and Dr. Ricardo Velasquez of Valley-Wide Health Systems.

outstanding contribution to recy cling paper and significant reduction in carbon footprint, energy usage, and waste generation.

"We take pride in knowing our environmental efforts are leading the way and setting a great example," says pharmacy owner Karin Murray. "The award reflects our commitment in both information security and environmental protection.'

Hometown Pharmacy and Medical recycles approximately two thousand pounds of processed materials each year. This translates into 8 trees, 6 cubic yards of landfill, as well as energy and pollutant costs that all add up to an estimated \$5,400 in environmental savings.

Hometown Pharmacy and Medical offers superior service, a friendly experienced staff and great deals on everyday items. They have prescription medications, healthcare products, an assortment of scrub uniforms, a large dollar item section, as well as seasonal items.

# Raton sends ambassadors of music to Europe

#### By TIM KELLER The Chronicle-News

Raton High School's Concert Band has caught the attention the New Mexico of Ambassadors of Music, a state all-star band, over the past two seasons, resulting in the participation of band director Russ Woods and percussionist Bubba Martinez in the Ambassadors' annual concert tour of Europe this summer.

From June 29 to July 14, Woods and Martinez both performed with the large ensemble representing the State of New Mexico in outdoor concerts in London, Paris, Switzerland, Austria, and Germany, They also visited Liechtenstein and Italy.

The New Mexico contingent performed music that represented America and the Southwest, including the theme music from "Cowboys," a Tijuana Brass medley, and other specialty works.

The trip began three days earlier when all the band members, including Woods and four

other band directors, gathered for rehearsals in Los Alamos. At the end of the third day of intensive rehearsals, the new band performed its first concert for parents and friends in Los Alamos before flying the next morning to Europe.

In Europe, the band's concert schedule was booked and promoted by Voyageurs International, LTD, which organizes Ambassadors concerts by bands from several states, in public locations throughout Europe. Each band performs American music, with an emphasis on songs that represent each band's home region. The

Mexico New Ambassadors of Music noticed the rise of Raton's music program when Raton's bands performed and placed high in the 2009 and 2010 State Concert Band Competitions. Invitations to join the Ambassadors and tour Europe are based on both performance skills and attitude what's essentially called sportsmanship in other venues. Because participants represent New Mexico abroad, they are chosen for their leadership and role model qualities.

Woods has been building a successful band program at Raton Middle School and Raton High School during his two years in Raton. Martinez has been one of his star pupils, a 2010 RHS graduate and sevenyear band veteran. Woods credits Martinez with being a key player in the RHS band's second place showing in the St. Louis National Music Festival last April. Through the efforts of Woods, Martinez, and other young musicians, Raton is increasingly being noticed throughout New Mexico, and now in Europe.

> Raton Schools Band and Choir Director **Russ Woods** stands with Bubba Martinez at the Eiffel Tower in Paris last month.

> > Photo courtesy of Russ Woods.

