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# THE FINE PRINT

*Please see page 10 for all SCHOOL EVENTS* 

## TUESDAY

Pastor's Study Meeting - 9 a.m. Tues. - Zion's Lutheran Fellowship Hall. All Pastors welcome.

#### **Rocky Mtn Health**

FREE FLU SHOTS will be given today, from 10-2 p.m. for members of the Rocky Mountain Health Plan, at Century Finance, 109 West Main Street in Trinidad. Thank you Dave.

#### **Kiwanis**

Kiwanis Luncheon – 12 p.m. Every Tuesday - A Little Catering Company – 916 Arizona.

#### **Health Services**

District Special Meeting – Tues. – John Building, 136 W. Main Street, Public Invited - Thanks, Jesse Manzanares, President LACOHSD

#### WEDNESDAY Arthritis Exercise

Arthritis Exercise Class – Every Wed. - 9 a.m. at Corazon Square & 1 p.m. at Early Learning Center. Registration & information call: 845-1133 ext. 224.

#### Playgroup

PAL Playgroup meets every Wednesday at Alta Vista, 415 S. Indiana, 9:30 -11 a.m. Moms and caregivers with infants, ages birth to 3. Playroom is also available for use Tues &Thurs same time. Information: Martina at 846-4400.

#### **Alzheimer's Support**

The Alzheimer's Association Caregivers Support Group will meet from10 a.m. to noon on Wednesday at the Carnegie Library. For more information, call (719) 868-3789.

#### Holy Trinity

HT Academy Home & School Association meeting – Weds., 6 p.m. – TSJC Sullivan Center, Leone Lounge.



Bishop Arthur Tafoya celebrated a very special mass at Holy Trinity Church on ( Sunday morning. After mass he took a moment to greet his parishioners.

On Sunday morning the Trinidad Area Catholic Community celebrated the "Blue Mass" to honor our law enforcement officials, EMTs, firemen and all others that serve our community in blue uniform. Bishop Arthur Tafoya officiated the mass and presented the officials with special medals and cards.



### Coalitions join forces to promote community awareness, prevent teen suicide by MIKE GARRETT

The Chronicle-News

In its continuing efforts to build community partnerships and collaborations, the Las Animas County Coalition Against Underage Tobacco and Alcohol Use now hopes to form a new partnership with the Trinidad State Junior College supported Suicide Prevention Coalition Committee.

Sandy Veltri, vice president of student academic affairs at TSJC and chairman of the suicide prevention coalition, outlined what her group has been trying to accomplish in the community by also building partnerships at the monthly county coalition meeting last Friday in the First Street Gallery. Veltri pointed to the success and large turnout despite inclement weather at her committee sponsored Sept. 21 presentation at TSJC, "Healing a Community After a Suicide, in a very emotional presentation by John and Gina Raye. This was their first public presentation after the March 2007 suicide death of their daughter in hopes they can help other Trinidad area families see potential warning signs of a potential suicide by their children. 'We'd like to do a 'Wellness Clinic' to coincide with school H1N1 vaccinations – probably at the end of October or early November and invite other coalitions to participate," said Veltri. She pointed out that Colorado still ranks 9th nationally in its suicide rate after being 7th in the previous national rankings. Despite state and national efforts to bring suicide prevention, education and mental health programs to the forefront of community priorities, Veltri said there is still a social stigma attached to suicide, especially involving teens and young people. Too often it's still brushed under the rug and is not reported or talked about in community circles, she said. "More and more young people have either thought about it or are seriously contemplating it," Veltri pointed out. **Coalition and Prevention Partners** co-facilitator Tony Diego agreed, more community resources need to be applied to suicide prevention programs to change social perceptions regarding the issue so that those people who are thinking about suicide don't reach the stage of making actual plans to it carry through. Veltri and her committee will continue to make suicide prevention presentations in area schools in their attempts to educate the community on the seriousness of the problem. The county coalition's long-planned Teen Maze, postponed now until next April to facilitate more planning for the event, could also feature a suicide

#### La Casa - Fiesta

Meeting for all members – Wed. 6:30 p.m. - La Casa in Jansen.

#### <u>THURSDAY</u> Quilt Club

Bound Together Quilt Club - 9:30 a.m. Thursday - Fairgrounds. Information: (719) 846-3855.

#### Trinidad Rotary Club

Weekly Luncheon and Meeting – Thurs. at 12 p.m. at the Holiday Inn.

#### **Corazon Gallery**

Evening Harp Performance by Karen Anderson of Raton – Thurs., 5-7 p.m. – Lobby of the Corazon Gallery – 149 East Main Street, Trinidad. Open to the public, come and bring a friend. Refreshments will be provided.

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**Today:** Sunny, with a high near 83. West southwest wind between 10 and 15 mph.

Tonight: Mostly clear, with a low around 51. West southwest wind between 10 and 15 mph.

Tomorrow: Mostly sunny, with a high near 81. Windy, with a west southwest wind 10 to 15 mph increasing to between 25 and 30 mph. Winds could gust as high as 40 mph.

Tomorrow Night: A slight chance <sup>✔</sup> of showers and thunderstorms. Mostly cloudy, with a low around 40. Breezy, with a west southwest wind 20 to 25 mph decreasing to between 5 and 10 mph. Winds could gust as high as 35 mph. Chance of precipitation is 20%.





Amarillo marathon runner Kevin McClish races down to Folsom after topping Capulin Volcano. McClish won the Second Annual Capulin Volcano Run.

# Capulin Volcano Run an up-and-down affair

**By TIM KELLER** The Chronicle-News

Runners began arriving at the remote Folsom Schoolhouse before dawn Sunday morning. They came from Colorado Springs. They came from Amarillo. They stayed in motels and campgrounds throughout the region to be ready. They were joined by a team of women runners from Trinidad.

At first dawn, a Des Moines school bus shuttled 18 entrants to a starting line north of Capulin. At sunrise, a simple shout of "Go!" set them all in motion. They ran uphill for an unrelenting five miles until they reached the peak of the rim trail high atop Capulin Volcano. From there it was all downhill, literally, but there was eight more miles of it, all the way back to the Folsom Schoolhouse. It took Amarillo's Kevin McClish only 97 minutes to win the 13.1-mile Second Annual Capulin Volcano Run half-marathon.

Trinidad's Michelle Hopper won the women's division with a time of 2:04:41, followed by Trinidad's Juanita Peters in 2nd, Carol Brimmeier in 3rd, and Alice Fitzgerald in sixth place. In fact, men runners were heard joking about the race being taken over by women. Fitzgerald's sixth in the women's division put her in 10th overall, beating several men to the finish line. Two-thirds of the racers were women, with Trinidad's contingent the most successful group in the event.

Texans swept the top three places in the men's division. McClish was followed by Ed Craighead of Dalhart, in second, and Mike Flores of Amarillo in third.

In addition to the demanding halfmarathon, another sixteen runners



Trinidad runners swept the women's awards at the Capulin Volcano Run halfmarathon. From left, Alice Fitzgerald, Carol Brimmeier, Michelle Hopper, and Juanita Peters.

entered the 5K Run, exactly ten miles shorter than the half-marathon but still an impressive challenge for many entrants. The Folsom Museum sponsored all events. After the awards ceremony outside the Folsom Schoolhouse, runners moved into the school's cafeteria where they were treated to a hearty breakfast of burritos, local buffalo chili and homemade cinnamon rolls. Between bites, many said it was the best race they'd ever seen, and they vowed to be back next September to do it again.

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