Raton ~ New Mexico News



Photo by Laura L. Brewer

Diane Alderette cuts the cake before the refreshments are served at the Luna board member recognition ceremony on Tuesday.

Luna Community College holds ceremony to recognize past board members

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now. He stated that the college serves the entire region, which includes all of the communities and that the college wants to build bridges of support for the residents of each of the communities. LCC will continue to work on availability, reliability and stability in serving, with a goal of providing access to education for area residents that would allow the children to stay and work in their home towns, "where the heart is." He issued a challenge to the college to be ready for the impact that the future race track in Raton

would have on the area, and to their family as a keepsake of encourage the growth that is expected.

All previous board members of LCC were invited to attend the ceremony that included the unveiling of individual plaques that adorn the south entrance hallway of the Springer location. Each plaque includes a likeness of the board member and the years they served on the board. As each former board member's name was called, the embossed velvet fabric over the plaque was removed. The cover was then given to the board member or

the occasion.

Board members, who were recognized at Tuesday's ceremony, were: Sid Barrett, Levi Cruz, Eddie Cruz, Wilfred Lackey, Joseph Macaron Jr., Tim McCoy, Samuel Ramirez, Don Shaw, James Steinepries, Robert Walton, H. L. Willoughby, and David Wright

LCC Springer campus staff member, Diane Alderette, organized the well-attended event, with refreshments following the unveiling.



New Girl Scout Troop gets ready for Easter

By LAURA L. BREWER The Chronicle-News

Local artist/crafter Ronda Johnson provided Girl Scout Troop #10104 with materials and instructions on making colored Easter Baskets during a recent meeting after school at Columbian Elementary School. Because Ronda has been offering basket-making classes for many years to all ages, each girl is able to complete a basket within the one hour meeting time.

Troop #10104 is a newly-formed Girl Scout Troop in Raton, one of four. Girl Scouts have been absent in Raton for the past three years, but has had a renewed interest this year after several parents volunteered to become troop leaders. Troop #10104, under the leadership of Raquel Archuleta, holds their meetings every Tuesday after school at Columbian Elementary.



(Photos by Laura L. Brewer)

Girl Scouts get ready to begin working on the Easter Baskets. Shown are: Gabriele Baca, Natausha Ortega, Brianna Marquez, Priyanka Sinha, instructor Ronda Johnson, Camryn Mileta, Halle Medina, Autumn Archuleta, and Sydni Valdez-Silva.



Troop leader Raquel Archuleta helps her daughter Autumn select the perfect color for her Easter basket.

Raton Team Builders Tournament huge success

Photos by Tim Keller

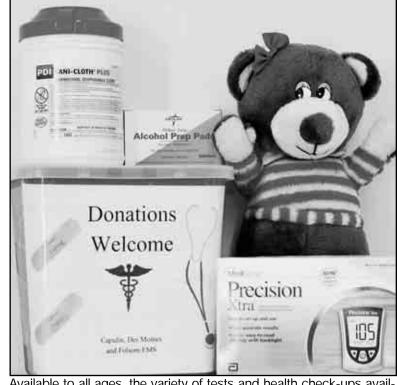
Des Moines EMS hosts the area's annual health fair Wednesday morning. Annual Des Moines health fair arrives Wednesday morning

By Tim Keller The Chronicle-News

April always signals the arrival of two things in Des Moines: spring, and the annual health fair which will be held next Wednesday morning, April 8, 2009, from 8:00 a.m. to 11:00 a.m. in the Des Moines EMS building at 77 North Olive Street, behind the Des Moines firehouse and across Highway 64/87 from the post office.

As always, Union County General Hospital will have a team at the health fair to administer a menu of available tests. For most, they draw a blood sample and take it back to the lab at the hospital for testing. Results are sent directly to the person tested and are usually received the following week. Many people then take the printout of results to their primary care physician to accompany a regular physical examination. Others learn to read the simple results themselves to monitor their own health status.

The test fees are reduced 72% to 86% for the health fair, to \$35 or less depending on the test, and most insurance policies will reimburse all or part of the cost. Tests are available for cholesterol, blood type, lipid profile (for heart risk), thyroid, prostate, diabetes, iron, and vitamin D, among others. Most popular are some combinations of the above tests, for \$25 to \$35. For accurate results, one should fast for 8-12 hours prior to the test, having no food and drinking only water. Healthy nut



Available to all ages, the variety of tests and health check-ups available at the Des Moines Health Fair provide an economical way to monitor health annually.

breads and other foods and juices are available at the health fair itself, so one can break their fast right there.

As always, EMTs will be available from the Des Moines, Capulin, and Folsom **Emergency Medical Services to** provide additional services free of charge. These check-ups include blood pressure, heart rate, blood sugar level, and oxygen level in the blood.

A tip to first-timers: there is usually a line forming outside by 7:30 a.m., but by 9:30 or 10:00 a.m. there is no line and people

are able to walk right in and be tested.

The annual Des Moines health fair is a non-profit, public service event funded strictly by donations. Donations may be given at the event directly to the **Emergency Medical Services** and/or Health Fair Committee c/o the County Extention Office in Clayton. For more information, contact Jean Harris at UCGH in Clayton, 575-374-2585, or NW Union County Liaison Tami Stogsdill in Des Moines at 575-278-2101 or 278-3200.

By LAURA L. BREWER The Chronicle-News

Twelve teams, made up of five members, participated in the Raton Team Builders, Inc. three on three basketball tournament on March 21 - 22 in the Raton High School Gym. Teams could be all male, all

female, or coed. There were two coed teams that participated, one of which, the Raton team, took third. Entry fee for each team was \$50. The first place team received \$75 and a trophy, with second and third place teams receiving trophies.

The tournament was sponsored by Team Builders as a

fundraising event in order to raise money to help provide activities for area teens and their families who are receiving counseling and other services from this non-profit organization. Team Builders will be sponsoring a softball tournament later this spring.



(Photos courtesy of Jeannie Barnes)

First place team members from Springer are Brady Wagner, Cyrus Wagner, Johnny Chaves, Phillip Apodaca and Jimmy Apodaca.



Second place team members from Trinidad, the "T-Team" are Billy Gallegos, Drew Holden, Michael Sandoval, Jared Sandoval and Anthony Saucedo.